

## **FOR IMMEDIATE RELEASE**

Nedlands Resident Wins 2023 Best Indie Book Award in Non-Fiction

### **Nedlands, Western Australia — 20 November 2023**

Renowned martial artist, author, and local Nedlands resident Colin Wee has achieved yet another milestone as his groundbreaking book, "Breaking Through: The Secrets of Bassai Dai Kata," secures the coveted 2023 Best Indie Book Award in the Non-Fiction: Martial Arts category. The annual Best Indie Book Award, recognizing exceptional contributions from self-published and independently published authors worldwide, has bestowed this esteemed honour upon Wee's transformative work.

Earlier this year, on March 23, 2023, "Breaking Through" was officially launched in conjunction with American Karate and Taekwondo Organization's Annual Seminar Event in Dallas, Texas. The Book Launch and Wee's seminar series garnered attention for its innovative approach, setting the stage for the book's subsequent success.

On June 25, 2023, "Breaking Through" was also named a Finalist in Sports in the 2023 International Book Awards, further solidifying its position as an exceptional contribution to martial arts literature.

This international literary accolade is a testament to Wee's dedication to the craft. 'Breaking Through' stands out in the world of martial arts literature, offering readers a profound exploration of Bassai Dai Kata's secrets and a journey of self-discovery. Wee's ability to seamlessly blend traditional forms with contemporary insights, including an IF-Then-Else approach and anticipation of non-compliance, has garnered acclaim from both critics and the martial arts community, contributing to the evolution of martial arts knowledge.

Colin Wee expresses gratitude to the Best Indie Book Award organizers and acknowledges the support of readers, fellow martial artists, and the global community. "Breaking Through" continues to make waves, offering a unique perspective on martial arts intricacies and guiding enthusiasts to unlock the transformative power within traditional forms. For those passionate about martial arts, this award-winning book stands as an indispensable resource, unravelling the secrets of Bassai Dai Kata and contributing to the evolution of martial arts knowledge.

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### **About Colin Wee**

Colin Wee is a highly respected martial artist, author, and instructor based in Perth, Western Australia. With over 40 years of experience, he holds a 7th dan in Traditional Taekwondo, and his innovative approach to martial arts has earned him recognition and accolades in the field.

### **About Breaking Through: The Secrets of Bassai Dai Kata**

"Breaking Through" is a critically acclaimed book authored by Colin Wee, offering insights into the secrets of Bassai Dai Kata and the transformative power of martial arts. Published by Moosul Publishing of Kansas, USA, the book has received widespread acclaim for its unique blend of tradition and contemporary martial arts philosophy.

### **About Best Indie Book Award**

The Best Indie Book Award is an annual international literary contest that recognizes outstanding achievements in self-published and independently published books. The contest celebrates the diverse talent and creativity within the indie publishing community.

For more information about "Breaking Through: The Secrets of Bassai Dai Kata," visit [Website].

Connect with Colin Wee

<https://breakingthrough.world>

<https://www.youtube.com/@ColinWeeMartialArts>

<https://www.instagram.com/colinwee>