



09 MAY 2026

**Aberdeen Altens Hotel
Souter Head Road
Aberdeen AB12 3LF**

COLIN WEE

Martial Arts 'Straight from the Barrel' in Aberdeen 10am – 2pm

International master instructor and award-winning author Colin Wee brings four decades of cross-continental experience to this special Aberdeen seminar. Known for his ability to extract functional meaning from traditional patterns, Colin reveals the mechanics, intent, and tactical logic that transform choreography into combative skill. His work blends historical insight with modern application, offering practitioners an understanding of not only how techniques work, but why they were designed that way, and how to adapt them under pressure.

This seminar is hosted by Roy Moore of [ApproachTKD](#), an Aberdeen-based instructor known for cross-training, practical self-protection, and a depth of experience across Taekwon-Do, Silat Fitrah, and Judo. Both Colin and Roy travelled together on Stuart Anslow's 2018 Tul Tour to South Korea, and share a commitment to uncovering the principles that make traditional training meaningful, functional, and relevant.

For more info: [FB Event Page](#) | [Colin's Website](#)



HOST: ROY MOORE



APPROACHTKD

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[More Info Here](#)